



## Welcome!

**Parent & Family Session** 



# Defining New Roles Weekendy Family

Parent & Family Involvement

Visit Campus – but not too often

 Campus Events – Family Weekends, workshops, speakers, concerts, theatre productions, athletic events, fundraisers

Siblings have feelings too!

- Start sharing
- Picture books and memories
- Make them part of the process

parents @vinu.edu 888-852-3940 812-888-5004



#### The College Journey

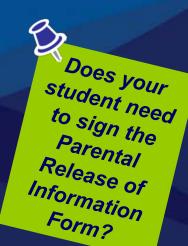


- Big Differences
  - Not high school
  - Clarifying values and beliefs
  - Adjusting to academics
  - What's an academic advisor?
  - Grades are not mailed home
  - TAPS





- Family Education Rights and Privacy Act (FERPA)
  - Generally, a student's written consent is necessary before information can be released on a student
  - Talk to your student TODAY about signing the parental release form.
- Students Need to Be Prepared
  - Students need books the first week of classes
    - Books are considered an out-of-pocket expense –Save Now!





- Out-of-pocket expenses
  - **✓** Books are an out of pocket expense
    - \$300 to \$600 average per semester
    - Try to purchase used books when possible
    - Textbook Rental Program
  - **✓ Parking Permits \$30**

(Fall stickers available beginning in July)

- √Tools \$\$\$
- √ Art Supplies \$\$



Visit the VU Bookstore Today!



What does the money pay for?

In this order

- Tuition and academic fees
- Student Activity fee
- Housing
- Books
  - IMPORTANT: Books can only be charged to the student account <u>IF</u> there is enough accepted financial aid!





- This is your student's ID
- Student refunds-Student must activate their card
- Refunds can be put on card or check can be mailed
- 24 hour access
- ATM available at Walgreen's on 6<sup>th</sup> and College St.





Backed by MasterCard®

A college student emailed her parents: "Dear Mom and Dad, I've been worried sick because I haven't heard from you. Please put some money in my bank account so I know you're OK."



- Dropping and Adding Classes
  - Drop and Add Week = 100%
  - 75% second week
  - 50% third week
  - 25% fourth week
  - 0% thereafter
  - Drop Deadline

Students MUST see an advisor to drop a class.
Simply not going to class may result in a failed grade.



#### Living On Campus

#### **Benefits**

- Halls staffed 24/7
- Furnished rooms
  - Each student has a desk, dresser, closet, and bed (extra long twin)
- Meal Plan
- Walking distance
- Resources close by

#### Challenges

- Homesickness
- Roommates
- Time Management
  - Getting to class
  - Doing homework
  - Laundry
  - Making new friends
- Making good decisions



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**GET INVOLVED!** 

#### Commuting From Home

60% Live at home or off campus Schedules will change



#### **Benefits**

- Can work
- **Closer to family**
- **Bring new friends** home
- Know community
- Less likely to become
   Parking homesick

#### **Challenges**

- Can work
- Difficulty finding "their place"
- Family Dynamic
- Study time/Resources
- **Transportation**
- **Participation in events**

**GET INVOLVED!** 

## **UPCC - University Primary Care Center**

 Located at the Young Building at the Corner of 4th and College
 Street

**Health Center with Nurse Practitioner** 

and Nursing Staff

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Resident Hall studentscan't opt out of UPCC

Off campus students/

commuter students
can opt out of UPCC



# VU Health Services: UPCC - University Primary Care Center

**Immunization Laws** 

- 2- Measles vaccines
- 1- MMR

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1- Tetanus/Diphtheria

Meningitis shot or waiver

- √ Health Occupations
- √ Child Care Majors
- **✓ EMS**
- ✓ Fire Science
  Physical including TB test

Please submit immunization records to Student Financial Services. A hold will be placed on your students account without this documentation!



Recommended
Hepatitis B series
Chickenpox vaccine

#### Campus Safety

- Fully Empowered Police **Department** 
  - **Provide help**
  - **Enforce the law**
  - **Provide student escorts**

Students should sign up for Emergency **Notifications** (ETEXT) at MyVU.vinu.edu





- Safety is everyone's responsibility
  - Record valuables
  - Keep doors locked
  - Keep medicine out of sight





#### Campus Safety

- Mail
  - Students share a mailbox
  - If you are sending money or packages please let student know in advance
  - Call front desk
  - Parking
    - Not in front of residence halls
    - Tickets are issued
    - Must have permit





IT'S ON

IT'S ON

IT'S ON

IT'S ON

IT'S ON













- It's On Us
  - Partnership with the Whitehouse
  - End Sexual Violence
  - Programming to bring student awareness
- Voices United
  - Sex, Drugs, Alcohol and Everything In-between
  - Health Fair

More Information at vinu.edu/itsonus

### Looking for Resources?



- General Information
- Upcoming Events/Programs
- Critical Announcements
- Join the E-newsletter
  - Know what's going on!
- Join PFS Facebook Group
  - Facebook.com/groups/vuparents
- Contact Parent & Family Services
- FAQ's in PFS Calendar





#### Start of School

Know your advisor!

- Thursday, January 5— Residence Halls open 8:00 am
- (You do not have to arrive on this day!)
- Friday January 6- New/Late Student Registration in the Ft.
   Sackville Rooms at the Beckes Student Union
- Monday, January 9- Classes Begin!!!
- ALL students and Academic Advisors have access to Degree Works. Utilize this tool every time you meet with your academic advisor to schedule your classes. This will ensure you are on track to fulfill your graduation requirements.

Watch for Back to School Letter

Questions?

