

Generations Press Release

FOR IMMEDIATE RELEASE:

July 12th, 2017

Generations is pleased to announce that it has been selected by the Corporation for National and Community Service to receive Senior Corps RSVP funding to support senior volunteer services in our service areas of Greene and Knox counties beginning September 1, 2017. Generations was 1 of 50 communities nationwide to be selected to receive this funding. These grants have been awarded to non-profits and community agencies in an effort to expand RSVP's presence in areas previously unserved by Senior Corps RSVP programs and will run on a three-year grant cycle.

Established in 1971, RSVP engages Americans age 55 and older in citizen service. Volunteers are not only an asset to their community, they also reap benefits from the actual "act" of volunteering. Research shows a positive link between volunteering and improved brain health. It also reduces depression, chronic pain, stress, risk of disease and social isolation while increasing physical fitness, mental functionality, sense of purpose, social connection and longevity.

It is our mission at Generations to offer older adults, individuals with disabilities and caregivers options for a better quality of life. The Senior Corps RSVP funding fits perfectly with our mission; it will allow Generations the opportunity to provide volunteer activities to help keep older adults active and engaged in their community. In addition, the community will benefit from the service projects that the volunteers participate in. The goal for this program is to have a minimum of 75 unduplicated volunteers, ages 55 and older, by the end of the three-year grant period.

Laura A. Holscher, Executive Director of Vincennes University's Generations Area 13 Agency on Aging and Disability has this to say, "Generations has over 35 years of experience with its volunteer programs. We are happy to provide volunteer activities that are specific to our communities' older adults, while also providing volunteer activities to all ages in an effort to bridge the generation gap. We look forward to the additional opportunities that the Senior Corps RSVP funding will provide for our 55+ population."

For more information on how you can become a volunteer, please call Generations at 1-800-742-9002.